

Earlybird Summer Menu

Custodian Training: Module 1

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Beans on Toast	Corn Flakes	Weetbix	Wheat Puffs	Rice Crispies
Morning Snack <i>(suggested)</i>	Popcorn & Apple	Tea, Biscuits and fruit	Watermelon and Baker Baker	Jelly custard, banana and strawberries	Wholewheat Biscuits, Apple
Lunch W1	Chicken & Butternut Pasta	Chicken nuggets and potato salad with sweet corn	Lamb mixed with veg and pasta	Spaghetti Spiders	Delicious Cheesy Pizza
Lunch W2	Tuna Cheese with peas on an open sandwich	Chicken Strips, Potato Wedges & Carrots	Lamb, vegetables and Rice	Chicken mince cottage pie	Eggy Bread w/ Cheese & Baby Tomatoes
Afternoon Snack <i>(suggested)</i>	Apple and Cheese Sandwich	Watermelon and Jam Sandwich	Cheese sandwiches & Mango	Jam sandwiches and Watermelon	Cheese Sandwiches and Banana

